



ST. GERTRUDE CHURCH

Lent 2019

Ash Wednesday Mass

**March 6, 2019 - 7, 8,
11:30 am, 1:30 pm
(school Mass), &
7:30 pm**

Confessions

**every Weds
7 pm
(except Ash Wednesday)**

**every Sat
10:30AM & 3:30PM**

**Monday, April 15 to
Wednesday, April 17
7 pm until finished**

Stations of the Cross

**every Friday
7 pm
(except March 15 & Good Friday)**

Passion Play

**Friday, March 15
7 pm**

**The Aquinas Society of Cincinnati
Lenten Spring Series Talks**

**Tues March 12, 19, 26
7 pm
St. Gertrude School Cafeteria**

St. Gertrude Parish Mission

**Apr 1-3
7 pm
St. Gertrude Church**

Lenten Fish Fry

March 8, 22, & Apr 12
5 pm - 8 pm
St. Gertrude Gym

Lenten Fasting

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. Members of the Eastern Catholic Churches are to observe the particular law of their own sui iuris Church. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection..